

Beet & Carrot Slaw



1 red beet, scrubbed and grated

2 medium carrots, peeled and grated

Beet greens or 2 collard green leaves, de-stemmed, cleaned and cut into thin ribbons

2 Tbsp fresh lemon juice

1 Tbsp olive oil

1 Tbsp rice vinegar

2 Tbsp sunflower seeds (optional)

Add all ingredients to a bowl and toss well to combine.

This slaw stores well in the fridge for about 5 days.